



Working in a Multicultural Environment

📖 Books

D.E. Graves, C.W. Sutor. *Celebrating Diversity: Approaching Families through their Food, Revised edition*. Arlington, VA: National Center for Education in Maternal and Child Health, 1998.

*NAL CALL NO.: RA784.G73

D.W. Sue, D. Sue. *Counseling the Culturally Different: Theory and Practice, 3rd edition*. New York, NY: J. Wiley & Sons, 1999.

*NAL CALL NO.: BF637.C6S58

L.R. Kletzky. *Maternal and Infant Nutrition Bilingual Counseling: English-Spanish*. Beverly Hills, CA: Bilingual Counseling Center, 1991.

*NAL CALL NO.: RG599.K6

P.G. Kittler, K.P. Sucher. *Cultural Foods: Traditions and Trends*. Belmont, CA: Wadsworth/Thomson Learning, 2000.

*NAL CALL NO.: TX725.A1K545

P.G. Kittler, K.P. Sucher. *Food and Culture in America: A Nutrition Handbook, 2nd edition*. Belmont, CA: Wadsworth/Thomson Learning, 1998.

*NAL CALL NO.: TX357.K5

S.M. Lassiter. *Multicultural Clients: A Professional Handbook for Healthcare Providers and Social Workers*. Westport, Conn.: Greenwood Press, 1995.

*NAL CALL NO.: RA418.5.T73L37

U.S Department of Agriculture. *Cross-Cultural Counseling: A Guide for Nutrition and Health Counselors*. Food Nutrition Services, 1986.

*NAL CALL NO.: ATX353 U5 no.250

* Note: For the National Agricultural Library's (NAL) Lending Procedures see <http://www.nal.usda.gov/fnic/general/lending.html>

📖 Articles

Model for Multicultural Nutrition Counseling Competencies. E. Harris-Davis, B. Haughton. *Journal of the American Dietetic Association*, 100:1178-1185. 2000.

Multicultural Competence in Dietetics and Nutrition. K. Curry. *Journal of the American Dietetic Association*, 100:1142-1143. 2000.

Internet

Cultural Diversity as Part of Nutrition Education and Counseling

National Policy & Resource Center on Nutrition & Aging

Web Site: http://www.fiu.edu/~nutreldr/Ask_the_Expert/Oct_Nutrition_Ed/Nutrition_Ed.htm

Description: This site describes why multicultural competence is important in nutrition education.

Ethnic and Cultural

Food and Nutrition Information Center, USDA, National Agricultural Library (NAL)

Web site: <http://www.nal.usda.gov/fnic/etext/000010.html>

Description: Links to various related Web sites.

Food Guide Pyramid for Kids

Human Environmental Sciences, publication GH1801. University of Missouri Extension.

Web site: <http://muextension.missouri.edu/explore/hesguide/foodnut/gh1801.htm>

Description: A colorful Food Guide Pyramid for kids that shows healthy food options in each group. There is also a blank Food Guide Pyramid that can be filled in by participants.